## ABSTRACT OF THE DISCLOSURE

An anti-vibration apparatus and related method used in an image display system for rotating disks. It effectively eliminates vibration of a rotating disk due to unbalance. The method is to fill curable fluid and a plurality of spheres in a holder of the rotating disk. When the disk rotates, the unbalance force will drive the disk to create vibration displacement, and the displacement will drive the plurality of spheres to corresponding balance positions of the rotating disk. To harden the fluid so that the plurality of spheres are positioned at the balance positions of the rotating disk. As a result, the present invention can effectively eliminate vibration of a rotating disk, such as a color wheel module.